

Deep Portage Kitchen
2197 Nature Center Drive NW
Hackensack MN 56452
218-682-2325
kitchen@deepportage.org

Dietary Restrictions

If you have requests to help assist with dietary needs, you must fill out this form.
One form per person is required and a completed form must be submitted no
later than 14 days prior to your visit.

Name _____
Child ____ Adult ____
School/Group Name _____
Date(s) of your visit _____
Contact phone number and email _____

If you have a certain diet or restrictions due to cultural or religious reasons, please list below.
(vegetarian, vegan, no pork and/or beef)

List any food allergies/restrictions and their reactions they have on you.
(Anaphylaxis, Nausea etc.) Use additional sheets if necessary.

1. _____
Reactions _____

2. _____
Reactions _____

3. _____
Reactions _____

Please use the space below to provide us with any information to help us serve you. For instance, if you are lactose or egg intolerant, can you eat foods with these items baked in? Please include foods or meals that you can eat. This information will help us determine if we can fulfill your dietary needs. If we cannot provide this service, it is then required for you to bring your own prepared meals. In the case where it is determined that you must bring your own food, Deep Portage will provide refrigeration, storage and the use of a microwave for your meals.

Diets can get complicated. Please feel free to contact me to discuss your concerns.

Thank you,

Tamie Fairbanks
Food Service Director